

| | | |
|---|---|---|
|  | <h2 style="color: red;">Sciatica: Homeopathic Approach</h2> |  |
| | <p>DR. RONAK SHAH'S DIVINE HOMEOPATHY</p> <p>Restoring Vitality</p> <p>SINCE 1991</p> <p>M.D.(HOM.)</p> <p>9825050054</p> <p>dr-ronakshah.com</p> | |

Sciatica: Homeopathic Approach

Sciatica is pain caused by inflammation and contraction of the sciatic nerve. The largest nerve in the human body is the sciatic nerve. It originates in the lower back and goes down to the buttocks, the back of the foot and the leg. There is a sciatic nerve on either side of the body and any of them can be affected when pain is experienced.

Causes of sciatica

The causes of sciatica can be many, such as the bulge of the disc or herniated disc, the wear of the spinal disc, stenosis (contraction) of the spinal canal, osteoarthritis, spondylolisthesis, tumor in the spinal cord.

Symptoms of sciatica

Pain, numbness, loss of movement, pin needle sensation, inflammation

People stay away from the doctor for many reasons. Whatever the cause, some sciatica symptoms really need medical attention. In rare cases, delays in medical care can lead to permanent damage to the nervous system.

If you experience any of the following, please see your doctor as soon as possible:

- You have severe pain in your back and legs
- You may experience nerve-related symptoms, such as pains such as weakness, numbness, tingling, or electric shock
- Your pain doesn't improve after 2 weeks
- Your pain gets worse even after using home therapy.
- You have lost control of the intestines and/or bladder

Homeopathic treatment for sciatica:

Homeopathy helps to control pain during acute attacks of sciatica and helps prevent recurrence of such episodes. Improves joint mobility.

Homeopathy medicines for sciatica help prevent the progression of the disease first, reduce the pain and then provide permanent cure for sciatica. One of the major advantages of homeopathy treatment to provide sciatica is that the chances of recurrence are very low once treated. If this treatment is taken on time, the surgery can be prevented.

Other lifestyle changes and a better nutritious diet may help in a better way for the permanent treatment of sciatica.

Top Homeopathic Medicines for Sciatica

Some of the well-known homeopathic medicines for sciatica include Colocynthis, Magnesium Phosphorica, Rhus Tox, and Bryonia alba.